

SUMMER

MAY 28, 2024 - AUGUST 9, 2024
GROUP FITNESS SCHEDULE

MONDAY

TOTAL BODY STRENGTH:
NOON - 12:45PM, STUDIO 201

TUESDAY

CYCLE:
NOON - 12:45PM, STUDIO 203

WEDNESDAY

YOGA FLOW:
NOON - 12:45PM, STUDIO 201

THURSDAY

BARRE TO THE BEAT:
NOON - 12:45PM, STUDIO 202

***NO CLASSES WILL BE HELD DURING UNIVERSITY CLOSURES**



CAMPUS RECREATION
Illinois State University